



## SERMON NOTES

### FORWARD

#### When Going Back, Going Sideways & Going Nowhere Are Not An Option

Part Two - Moving Forward in the Spirit

Pastor Carl Toti - January 26-27, 2019

*Ephesians 5:11-17 (NLT)*

11 Take no part in the worthless deeds of evil and darkness; instead, expose them. 12 It is shameful even to talk about the things that ungodly people do in secret. 13 But their evil intentions will be exposed when the light shines on them, 14 for the light makes everything visible. This is why it is said, "Awake, O sleeper, rise up from the dead, and Christ will give you light." 15 So be careful how you live. Don't live like fools, but like those who are wise. 16 Make the most of every opportunity in these evil days. 17 Don't act thoughtlessly, but understand what the Lord wants you to do.

#### 5. BE FILLED WITH THE SPIRIT

*Ephesians 5:18-20 (NLT)*

18 Don't be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit, 19 singing psalms and hymns and spiritual songs among yourselves, and making music to the Lord in your hearts. 20 And give thanks for everything to God the Father in the name of our Lord Jesus Christ.

### WHY DO PEOPLE DRINK?

- **To numb the pain of life**
- **Boredom**
- **Escape**
- **It makes people feel good**

*Proverbs 23:29-35 (NIV)*

29 Who has woe? Who has sorrow? Who has strife? Who has complaints? Who has needless bruises? Who has bloodshot eyes? 30 Those who linger over wine, who go to sample bowls of mixed wine. 31 Do not gaze at wine when it is red, when it sparkles in the cup, when it goes down smoothly! 32 In the end it bites like a snake and poisons like a viper. 33 Your eyes will see strange sights and your mind imagine confusing things. 34 You will be like one sleeping on the high seas, lying on top of the rigging. 35 "They hit me," you will say, "but I'm not hurt! They beat me, but I don't feel it! When will I wake up so I can find another drink?"

INSTEAD be filled with the Spirit (Ephes. 5:18).

### GOD'S FAMOUS FOUR

#### 1. BE \_\_\_\_\_

*Acts 2:4 (NKJV)*

4 And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance.

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## 2. \_\_\_\_\_ **LOUD**

Ephesians 5:19 (NLT)

19 singing psalms and hymns and spiritual songs among yourselves, and making music to the Lord in your hearts.

### Psalm

Greek Word: ψαλμός

Transliteration: psalmos

Strong's Talking Greek & Hebrew Dictionary.

A psalm is a sacred lyric. The Gospels of Matthew (26:30) and Mark (14:26) report that Jesus and His disciples, having “sung a hymn . . . went out into the mount of Olives,”

Complete Biblical Library Greek-English Dictionary, The - The Complete Biblical Library Greek-English Dictionary – Sigma-Omega.

### Hymns

Greek Word: ὕμνος

Transliteration: hymnos

Strong's Talking Greek & Hebrew Dictionary.

to celebrate. denotes especially a religious metrical composition

### Spiritual

Greek Word: πνευματικός

Transliteration: pneumatikos

Strong's Talking Greek & Hebrew Dictionary.

non-carnal songs.

### Songs

Greek Word: ᾠδή

Transliteration: ōdē

Strong's Talking Greek & Hebrew Dictionary.

Producing music vocally.

## 3. **GIVE**

Ephesians 5:20 (NLT)

20 And give thanks for everything to God the Father in the name of our Lord Jesus Christ.

## 4. \_\_\_\_\_ **ALWAYS**

Ephesians 5:21 (NLT)

21 And further, submit to one another out of reverence for Christ.

Answers:

1. Filled
2. Sing
3. Thanks
4. Share