

# **SERMON NOTES**

# The Power of Positive

Change How You See, See How You Change Pastor Carl Toti August 20-21, 2016

# Galatians 4:15a (GW)

<sup>15</sup> What happened to your positive attitude?

# Numbers 13:27-33 (TLB)

<sup>27</sup> This was their report: "We arrived in the land you sent us to see, and it is indeed a magnificent country—a land 'flowing with milk and honey.' Here is some fruit we have brought as proof. <sup>28</sup> But the people living there are powerful, and their cities are fortified and very large; and what's more, we saw Anakim giants there! <sup>29</sup> The Amalekites live in the south, while in the hill country there are the Hittites, Jebusites, and Amorites; down along the coast of the Mediterranean Sea and in the Jordan River valley are the Canaanites." <sup>30</sup> But Caleb reassured the people as they stood before Moses. "Let us go up at once and possess it," he said, "for we are well able to conquer it!" <sup>31</sup> "Not against people as strong as they are!" the other spies said. "They would crush us!" <sup>32</sup> So the majority report of the spies was negative: "The land is full of warriors, the people are powerfully built, <sup>33</sup> and we saw some of the Anakim there, descendants of the ancient race of giants. We felt like grasshoppers before them, they were so tall!"

**Positive psychology** is the branch of psychology that uses scientific understanding and effective intervention to aid in the achievement of a satisfactory life, rather than treating mental illness. **The focus of positive psychology is on personal growth rather than on pathology.** *Wiki* 

"Positive psychology seeks to identify what makes things succeed rather than focusing on the prevention of things that cause failure."

PROFIT FROM THE POSITIVE

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### Isaiah 41:10 (MSG)

Don't panic. I'm with you. There's no need to fear for I'm your God. I'll give you strength. I'll help you. I'll hold you steady, keep a firm grip on you.

Faith didn't deny the giants – faith saw the giants true scale according to God and not themselves.

# Habakkuk 3:17-19 (NLT)

Even though the fig trees have no blossoms, and there are no grapes on the vines; even though the olive crop fails, and the fields lie empty and barren; even though the flocks die in the fields, and the cattle barns are empty, <sup>18</sup> yet I will rejoice in the LORD! I will be joyful in the God of my salvation! <sup>19</sup> The Sovereign LORD is my strength! He makes me as surefooted as a deer, able to tread upon the heights. (For the choir director: This prayer is to be accompanied by stringed instruments.)

#### FOUR POSITIVES TO PERSONALIZE

1. The power of positive is when you know what you don't know.

## Proverbs 3:7 (MSG)

- <sup>7</sup> Don't assume that you know it all. Run to GOD! Run from evil!
- 2. The power of positive knows the difference between giving up and letting go.

#### Ecclesiastes 7:18 (GW)

- <sup>18</sup> It's good to hold on to the one and not let go of the other, because the one who fears God will be able to avoid both extremes.
- 3. The power of positive lets the dead bury the dead.

# Philippians 3:13 (NLT)

<sup>13</sup> No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead,

# Isaiah 43:18-19 (NKJV)

- <sup>18</sup> "Do not remember the former things, Nor consider the things of old. <sup>19</sup> Behold, I will do a new thing, Now it shall spring forth; Shall you not know it? I will even make a road in the wilderness And rivers in the desert.
- 4. The power of positive maintains a grateful heart.

### Hebrews 12:28 (CEV)

We should be grateful that we were given a kingdom that cannot be shaken. And in this kingdom we please God by worshiping him and by showing him great honor and respect.