



SERMON NOTES

Trust

How to Avoid Choice Fatigue

Pastor Carl Toti

December 27-28, 2014

"We are constantly in a state of unintentional misdirection because our overloaded minds are actually looking to edit out information, not add more in."

—"Selfish, Scared & Stupid" by Dan Gregory and Kieran Flanagan

Psalms 62:5-12 NLT

Let all that I am wait quietly before God, for my hope is in him. He alone is my rock and my salvation, my fortress where I will not be shaken. My victory and honor come from God alone. He is my refuge, a rock where no enemy can reach me. O my people, trust in him at all times. Pour out your heart to him, for God is our refuge. Interlude Common people are as worthless as a puff of wind, and the powerful are not what they appear to be. If you weigh them on the scales, together they are lighter than a breath of air. Don't make your living by extortion or put your hope in stealing. And if your wealth increases, don't make it the center of your life. God has spoken plainly, and I have heard it many times: Power, O God, belongs to you; unfailing love, O Lord, is yours. Surely you repay all people according to what they have done.

1. WAIT

"For God alone my soul waits in silence, for my hope is from him" (v. 5).

"is my rock and my salvation, my fortress; I shall not be shaken. On God rests my deliverance and my honor; my mighty rock, my refuge is in God" (vv. 6-7).

2. PRAY

"Trust in [God] at all times, O people; pour out your heart before him; God is a refuge for us" (v. 8).

3. OBEY

"Put no confidence in extortion," says the psalmist, "and set no vain hopes on robbery; if riches increase, do not set your heart on them" (v. 10).

4. REPAY

"Once God has spoken," says Psalm 62, "twice have I heard this: that power belongs to God, and steadfast love belongs to you, O Lord. For you repay to all according to their work" (vv. 11-12).