

Parental Controls in a High Tech World

11-10-17

Action Items

Purchase the book or audiobook - **Screens and Teens** – Kathy Koch

Download free video's once book is purchased

Cell Phones / ipad:

1. Document all Passwords (iPhone, iCloud, twitter, Facebook, etc.)
 - a. Important to keep all passwords your child uses for many reasons
2. Setup Restrictions on Device - **Free**
 - a. (iPhone) tap settings, general, restrictions
 - b. (Android) home screen, settings, users, add user, Restricted Profile
3. Setup Family Sharing
 - a. (iPhone) tap settings, iCloud, family, (ask to buy)
4. **Setup Device Parental Controls** – **Allows you to block things**
 - a. (iPhone) Netsanity
 - b. (Android) Netsanity
5. Setup Phone and Text **Monitoring**
 - a. (iPhone) TeenSafe
 - b. (Android) TeenSafe, or Phone Sherrif
6. Random Inspection
 - a. Randomly inspect your child's phone with no notice and make sure everything meets your approval.
7. Login to every app on your phone with child's password
 - a. This allows you to see what they see (posts, feeds)
8. Minimize Screen Time (Screentimelabs) – Set a time limit per day of max screen time

Social Media /Apps:

1. PluggedIn.com – reviews on movies, tv
2. Commonsensemedia.org – review on apps

PC's, Laptops, Surface's:

1. OpenDNS (web filtering for your entire house, PC's / MAC's, anything on your wifi)
2. Covenant Eyes (web filtering for your house and mobile devices + accountability emails)
3. imac (google search – “Parental Controls for imac”)
4. PC's / Laptop (google search – “Parental Controls for Windows”)

Online Gaming:

1. Parental Controls – Google search “Parental Controls for Xbox

Movies:

1. Pluggedin.com – website to review movies
2. Movieguide.com – website to review movies
3. Clearplay - Service that helps to clean up movies

Driving:

1. Cell Control – Product for your car that will block texting and driving
2. Findmyiphone – cell phone tracking - free
3. Life360 – cell phone tracking + notifications – Great App for Parents
4. Mama Bear – cell phone tracking, speed alerts

Most Important: Pray for your kids!!

Have a blessed week!!

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If you would like a copy of the PowerPoint presentation, please email:

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